Roncalli Wrestling - Parent Meeting Agenda

Date: 10/29/26

1. Welcome & Program Overview

- Opening remarks and coaching staff introductions
- Vision and goals for the upcoming season

2. Season Schedule & Key Dates

- Review of regular season practice schedule and match calendar
    - Mater Dei Tournament -
      JV Wrestlers will go down for the day 12/28.
      Varsity Wrestlers will go down Tuesday 12/29, stay in the hotel with the team and wrestle again Wednesday 12/30.

      Parents who want to stay at the Holiday Inn Express Evansville Downtown by IHG 20 WALNUT STREET, Evansville, IN, on 12/29 can book through this link by December 14th.

    - Major **RWF Events -Roncalli Wrestlers are expected to work these events.**
        - **Oct 31:** Preseason Tournament
        - **Dec 13:** Elementary Duals
        - **Jan 16:** Folkstyle Beginner Tournament
        - Mar 1-4 CYO CHAMP CAMP
        - **Apr 28:** Freestyle Weeknight Tournament
        - **Mar 7:** CYO City Championships

3. Student-Athlete Expectations

- Academic standards and classroom performance
    - **We were IHSWCA 2nd place team for average GPA 25-26 season**
- Practice attendance, behavior, and team culture
- Wrestler requirement to assist with hosting RWF events
- **If you can't make it to practice, contact Coach Richardson. Don't tell a cousin, to tell a kid on the team that your bunny needed fed. Find me and tell me what is going on.**
- **Get better everyday. We become better even when we don't feel like practicing. I can't wait to see how good our team can be.**
- **If you are hurt, talk with a coach before you head to the Injured Reserve.**
- **Shower after practice!**
- **Weight management. Be within 5% of your weight class during the season.**
- **Help at club events. All teams do this!**

4. Wrestle-Offs & Lineup Determination

- Overview of wrestle-off rules and schedule
- How varsity and JV spot determinations are made
- Weight class management and athlete safety guidelines

5. Home Meet Opportunities & Parent Involvement

- Overview of home meets
- Parent volunteer needs:
    - Assist with theme nights
        - 11/18 Intra-Squad
        - 12/9 Teacher Sponsor vs Bloomington South
        - 1/6 SENIOR NIGHT vs. Greenfield Central
        - 1/20 CYO/RWF night vs. Cathedral
    - Get donations of give away materials for home meets
- Volunteer sign-up sheets and contact list coordination

6. How to Reach Us (Coaching Staff & Contacts)

- **Head Coach:** Shaun Richardson - srichardson@roncalli.org - 317-442-7991
- **Assistant Coaches:**
  Noah Warren
  Jonah Odum
  Shawn Slaymon
  Jacob Skinner
  Josh Moss
- **Volunteer Coaches:**'
  Ridge Cavalerro
  RJ Taylor

- **Team Organizer: Melinda Richardson - mrichardson@perryschools.org - 317-341-0635**

- Program Communication Channels

  RWF Website: https://rwfwrestlingclub.org/high-school/

  Remind texts/emails for parents and kids: text @bkg778g to the number 81010

  Facebook @RoncalliWrestling

  Instagram @rwf_wrestle

X @RWF_Wrestle

7. Questions & Open Floor

- Parent Q&A
- Closing remarks and next steps